

# FULL

Associate Pastor  
Shawn Cunningham

March 20 & 21, 2010

## 3 Big Questions

1. What do you want?
2. What fills your life?
3. Are you satisfied?

## Why do we fill ourselves?

- We fill ourselves because we are empty.
- We fill ourselves because we long to be satisfied.
- We are all longing to give and receive love.

## John 4:1-42

The Pharisees heard that Jesus was gaining and baptizing more disciples than John,<sup>2</sup> although in fact it was not Jesus who baptized, but his disciples.<sup>3</sup> When the Lord learned of this, he left Judea and went back once more to Galilee.<sup>4</sup> Now he had to go through Samaria.<sup>5</sup> So he came to a town in Samaria called Sychar, near the plot of ground Jacob had given to his son Joseph.<sup>6</sup> Jacob's well was there, and Jesus, tired as he was from the journey, sat down by the well. It was about the sixth hour.<sup>7</sup> When a Samaritan woman came to draw water, Jesus said to her, "Will you give me a drink?"<sup>8</sup> (His disciples had gone into the town to buy food.)<sup>9</sup> The Samaritan woman said to him, "You are a Jew and I am a Samaritan woman. How can you ask me for a drink?" (For Jews do not associate with Samaritans.)

<sup>10</sup> Jesus answered her, "If you knew the gift of God and who it is that asks you for a drink, you would have asked him and he would have given you living water."

<sup>11</sup> "Sir," the woman said, "you have nothing to draw with and the well is deep. Where can you get this living water?"<sup>12</sup> Are you greater than our father Jacob, who gave us the well and drank from it himself, as did also his sons and his flocks and herds?"

<sup>13</sup> Jesus answered, "Everyone who drinks this water will be thirsty again,<sup>14</sup> but whoever drinks the water I give him will never thirst. Indeed, the water I give him will become in him a spring of water welling up to eternal life."<sup>15</sup> The woman said to him, "Sir, give me this water so that I won't get thirsty and have to keep coming here to draw water."

<sup>16</sup> He told her, "Go, call your husband and come back."

<sup>17</sup> "I have no husband," she replied.

Jesus said to her, "You are right when you say you have no husband.<sup>18</sup> The fact is, you have had five husbands, and the man you now have is not your husband. What you have just said is quite true."

*(Continues on back)*

<sup>19</sup> "Sir," the woman said, "I can see that you are a prophet. <sup>20</sup> Our fathers worshiped on this mountain, but you Jews claim that the place where we must worship is in Jerusalem." <sup>21</sup> Jesus declared, "Believe me, woman, a time is coming when you will worship the Father neither on this mountain nor in Jerusalem. <sup>22</sup> You Samaritans worship what you do not know; we worship what we do know, for salvation is from the Jews. <sup>23</sup> Yet a time is coming and has now come when the true worshipers will worship the Father in spirit and truth, for they are the kind of worshipers the Father seeks. <sup>24</sup> God is spirit, and his worshipers must worship in spirit and in truth."

<sup>25</sup> The woman said, "I know that Messiah" (called Christ) "is coming. When he comes, he will explain everything to us."

<sup>26</sup> Then Jesus declared, "I who speak to you am he."

<sup>28</sup> Then, leaving her water jar, the woman went back to the town and said to the people, <sup>29</sup> "Come, see a man who told me everything I ever did. Could this be the Christ?" <sup>30</sup> They came out of the town and made their way toward him.

<sup>39</sup> Many of the Samaritans from that town believed in him because of the woman's testimony, "He told me everything I ever did." <sup>40</sup> So when the Samaritans came to him, they urged him to stay with them, and he stayed two days. <sup>41</sup> And because of his words many more became believers. <sup>42</sup> They said to the woman, "We no longer believe just because of what you said; now we have heard for ourselves, and we know that this man really is the Savior of the world."

- **The woman was so filled with God's love that she forgot her shame**

## Next Steps

Fill yourself up in one or more of these ways this week:

- Read the Bible 10 minutes and pray 10 minutes each day
- Participate in the Shadow of the Cross (see today's insert)
- Make a relational connection by praying together with another friend

Empty yourself this week by removing one thing in your life that does not truly satisfy.

## Questions to Consider This Week

This section normally includes questions for small group discussion. But as we head toward Good Friday and Easter this week, take some time to reread the passage above and contemplate these questions on your own. If your entire group is comfortable with it, feel free to discuss your answers there.

1. What seems to fill a majority of your time?
2. What do you thirst most for in life?
3. Are you feeling satisfied? Why or why not?
4. In what ways have you tried to fill your life with physical, relational, and spiritual needs?
5. How are you going to practically fill your self up this week?